Backpack Buddies

Jars of Peanut Butter

Raisins or other Dried Fruit

Cereal Bars/Granola Bars

Dry Cereal & Oatmeal packets

Snack Packets (pretzels, crackers, fruit bars, etc.)

Cans of Soup or Vegetables

Instant Potatoes or Rice

Cans of Ready-to-Eat Pasta

Canned Chicken, Tuna, or Vienna Sausages

Fruit Cups or Fruit Juice